**University of Wisconsin – Stevens Point – Master of Science - Athletic Training**

School of Health Science and Wellness

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| **Course Title: Evidence Based Practice (EBP) II – AT 791** | | **Term: Fall II** | | **Credits: 3** |
| **Instructor: Holly Schmies**  **Beth Kinslow** | **Phone: 715-572-9600 (Cell)**  **715-498-1068 (Cell)** | | **Email: hschmies@uwsp.edu**  **bkinslow@uwsp.edu** | |
| **Time and Place: 12:00 – 12:50pm (B140) and Online** | | **Office hours: Available by appointment** | | |

# Required Readings: Will be assigned and available via Canvas

# Course Description: Application of evidence-based practice models as a problem-solving approach to clinical decision making. Specific focus on case studies and enhancing patient outcomes. Pre-requisites: AT 790

# Course Learning Outcomes:

1. Define the research process and components of a valid and reliable research project.
2. Identify threats and biases that affect reliability and validity within research.
3. Refine a research question and establish connections to the research process.
4. Critically appraise and appropriately synthesize evidence related to your research topic.
5. Develop and propose your culminating research project.

# Course Schedule: See Appendix

The instructor reserves the right to modify the course schedule to meet the learning needs of the course.

There is a mix of full class meetings and mentoring sessions. The mentoring sessions are small group meetings with a MS-AT faculty member who will guide you through the research design process. The mentoring sessions will be held at the same time as class, you will just meet in smaller groups to facilitate progress toward your final research project in the spring.

**Assignments and Course Activities:**

The assignments for the course require pre-class readings to prepare you for discussion on the topic for the week. Various assignments will be due to introduce research design and reinforce components of the research process. These assignments include CITI Training and IRB writing, discussions on research ethics and threats to validity and reliability, and writing assignments to help you start on your own research project.

More information on the due dates and assignment requirements can be found in the Canvas course room. All assignments will either be due through uploads to Canvas or during in-class discussions.

COURSE POLICY and OTHER CONSIDERATIONS

# Attendance and Participation

Attending class meetings is a requirement and professional expectation of the course/program. If you must miss class, please call the instructor before the missed class**.**  Email or text is not acceptable – leave a voicemail if you do not get in touch with the instructor. The absence will be considered unexcused absence if contact is made via email or text. One excused absence is allowed with no loss of points, but for each absence after that the student will have the following consequences:

* + A student’s grade will be dropped a by 10 points for every unexcused absence after the one freebie.
  + Tardiness is considered an unexcused absence.
  + Students are solely responsible for obtaining any course material missed due to absence.
* If you are taking this course as a hybrid offering since you are off-site for part of the semester for clinical education, you are responsible for staying in touch with the instructor and up-to-date with the course materials and assignments. Please refer to the Student Handbook for more information on the specific requirements for *Student Responsibilities in Hybrid/Online Coursework.*
  + Students who are joining online should ensure the environment is conducive to learning. Our expectations include meeting with us when you can fully engage and interact. Examples of a non-conducive environments include driving, being in a communal environment without headphones or a microphone or not being able to turn on your camera.
* At all times, you are to silence your cell phone and have it out of view. Using your phone during class is a direct violation of professional behavior and not accepted during this course.
* There will be times when you will be asked to use your personal device (phone, tablet, computer) to access the Internet for learning resources. During this time, it is expected you stay focused within the learning exercise and refrain from being involved with email, messaging or social media. Again, this type of behavior is a direct violation of professional behavior*.*

# Communication:

One of the key components to your success in the AT program is communication. Communicate with your instructor. Communicate with your classmates. Ask questions. Get the information you need. You are here as a student, as a learner. Be that person! Ask for help. The only way anyone will know if you need help is when your learning assessments come back with a poor grade. At that point, you are behind. Stay ahead and keep up! Communicate (meaning TALK) with your instructor. Set up a time to meet and talk through it. Every AT faculty and staff will be willing to help – that is what we are here for.

# Course Requirements:

This course will include coursework and learning assessments specific to the CAATE Educational Competencies and the BOC Role Delineation Study to ensure we are working toward helping you become a competent athletic training professional. The specific competencies associated with the course and the assigned coursework and learning assessments will be fully communicated to you on the course schedule at the start of the course. The competencies associated with the course will also be provided in the AT Student Handbook under the curricular information.

## ADDITIONAL INFORMATION

# Open Learning Environment and Professional Behavior:

In all AT courses, you will be expected to act professionally and ethically. The NATA Code of Ethics is a great reference to how you should model professional behavior – and it will start in the classroom and clinical education setting. As we talk about sensitive topics, you will have an open mind and actively listen. Our goal is to treat each individual in class fairly and listen to their opinion and thoughts. It doesn’t mean you always have to agree – but you need to be willing to try to understand. **All** students in the AT program, **WILL respect** individuality and diversity in the learning environment.

In many classes, you will be performing evaluation and touching each other as you will be doing in the AT profession. At all times, just like you would in the clinical setting, you will act professionally and properly communicate with your partner about what you will be doing. If at any time you feel uncomfortable with a certain skill or behavior, please talk to the instructor immediately.

# Academic Honesty:

Academic honesty is a core principle of learning and scholarship. When you violate this principle, you cheat yourself of the confidence that comes from knowing you have mastered the targeted skills and knowledge. You also hurt all members of the learning community by falsely presenting yourself as having command of competencies with which you are credited, thus degrading the credibility of the college, the program, and your fellow learners who hold the same credential.

All members of the learning community share an interest in protecting the value, integrity, and credibility of the outcomes of this learning experience. We also have the responsibility to censor behaviors that interfere with this effort. The following behaviors will be subject to disciplinary action:

**Plagiarism** - presenting someone else's words, ideas, or data as your own work.

**Fabrication** - using invented information or the falsifying research or other findings.

**Cheating** - misleading others to believe you have mastered competencies or other learning outcomes

that you have not mastered.

# Academic Misconduct: This includes academically dishonest acts such as tampering with grades, taking part in obtaining or distributing any part of an assessment, or selling or buying products such as papers, research, projects or other artifacts that document achievement of learning outcomes.

Academic dishonesty is NOT ACCEPTABLE. UWSP subscribes to the definitions of academic dishonesty provided by the National Association of Student Personnel Administrators. Academic misconduct in the University of Wisconsin System is defined by UWS Chapter 14. The complete text of the chapter is available to you from the Dean of Students or you can visit <http://www.uwsp.edu/accreditation/docs/SA_PU_250.04.pdf> for more information.

## UWSP Policies

Learners with questions regarding affirmative action, equal opportunity, harassment, or information about any other college policies may refer to the current UWSP Course Catalog or Student Handbook.

# ADA Statement

In compliance with the Americans with Disabilities Act, students are encouraged to register with UWSP Disability Services for assistance with accommodations. It is the student's responsibility to voluntarily and confidentially disclose information regarding the nature and extent of a disability. The college cannot assume responsibility for providing accommodations or services to students who have not identified themselves as having a qualifying disability. Disabilities Services is located on campus at 103 Student Services Center, 1108 Fremont Street, UW-Stevens Point, Stevens Point, WI 54481.

# Grading scale: The grades for your performance in this course will be awarded as follows:

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| **A:**  94-100% | **B:** 83-86% | **C:** 73-76% | **D:** 60-64% |
| **A-:** 90-93% | **B-:** 80-82% | **C-:** 70-72% | **F:** 59% or below |
| **B+:** 87-89% | **C+:** 77-79% | **D+:** 65-69% |  |

## Tentative Course Schedule – AT 791 EBP II

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| **Date** | **Content** |
| Session 1  9/7 | Review of Types of Research  Pre-class Homework: Review the types of research – assigned readings  Discuss: What makes you wonder?  Discuss: What are the different types of research design? |
| Session 2  9/14 | Review Research Topic/Question  Pre-class Homework: Develop 3 different research studies (1 qual, 2 quant) to answer your research question.  Discuss: What will your culminating research topic or project involve? |
| Session 3  9/21 | Review IRB Application Process  Pre-class Homework: CITI Training Certification (new or update)  \*Actual research question should be developed and research groups/faculty will be assigned  \*Fake research question may be necessary for learning and homework assignments |
| Session 4  9/28 | Ethics –  Pre-class Homework: Assigned readings and application to research  Discussion: Why do ethics matter? What do you have to do to ensure your work is ethical?  Relate to the IRB application – |
| Session 5  10/5 | Reliability and Validity – Threats to External Reliability and Validity  Pre-class Homework: Assigned readings and application to research  Discussion: What are threats to your research? Solutions to address these?  Relate to IRB application and methodology |
| Session 6  10/12 | Reliability and Validity – Threats to Internal Reliability and Validity  Pre-class Homework: Assigned readings and application to research  Discussion: What are threats to your research? Solutions to address these?  Related to IRB application and methodology |
| Session 7  10/19 | Mentoring session – Workday  Homework: Final ‘fake’ IRB application  Discussion: Implementation of your research project |
| Session 8  10/26 | Mentoring session - |
| Session 9  11/02 | The Research Process  Due: Annotated Bibliography - Background and supporting information |
| Session 10  11/09 | Mentoring session - |
| Session 11  11/16 | The Research Process  Due: Writing – Intro, background, methodology |
| Session 12  11/23 | Thanksgiving week  Mentoring session – schedule individually if needed |
| Session 13  11/30 | The Research Process  Due: Writing – abstract draft |
| Session 14  12/7 | Mentoring session- |
| Session 15  12/14 | Due: Reflection on the process and update on research timeline |